

# Six Stroke Roll Independence

6 stroke roll ostinato / groove - accents on 2 & 4

R L L R R L R L L R R L R L L R R L R L L R R L

1 T L + T L 2 T L + T L 3 T L + T L 4 T L + T L

Move kick through the ostinato

1 T L + T L 2 T L + T L 3 T L + T L 4 T L + T L

Mixed grooves

